



Love for All, Hatred for None

Nasirat-Ul-Ahmadiyya UK

August 2015

Summer Holidays

We have reached that time of year again when school has finished and there are six whole weeks of time to fill.

Alhamdulillah, this year for many of us, the summer holidays began with the celebration of Eid ul Fitr. We hope that many of you were able to spend time with friends and family on this blessed occasion. But what can you do with the rest of the summer holidays?

This is an excellent time of year to catch up on your syllabus learning. Many of you may have taken tests recently or be about to take them. Why not try and learn some of the things you missed? You could study with a friend or family member and make it a fun revision time. It's so much easier to learn new things during the summer when there is no pressure of exams or homework.

For the older Nasirat there is the opportunity to earn their Diploma. This is a certificate given to Nasirat who are about to become Lajna. The summer holidays is a perfect time to prepare for this and get all your work on track.

Another suggestion is for Nasirat groups to take trips or visits during the summer when it is easier to find a date when everyone is free.

Why not make this suggestion to your mother, Nasirat Secretary or local Sadr? It might even be possible to join with another Majlis to increase the fun. Why not think of a few ideas and suggest them?

Ijtema

Many of you may have already started holding local ijtemas. They are an excellent opportunity to increase knowledge, gain new experience and make new friends.

All Lajna Amila members work hard to plan and prepare an ijtema which will be interesting and enjoyable. We hope that you will all take the opportunity to join in these events as they appear during the next few months, inshallah.

Further information is available on the Lajna website <http://www.lajna.org.uk/> or <http://nasirat.org.uk>

Jalsa Salana

Insha'Allah, the UK Jalsa Salana will be held at Hadeeqa-tul-Mahdi on 21-23 August 2015. This is a great blessing as the date means that it is in the summer holidays and this should allow everyone who is able to attend. There will even be time for a rest before school starts again!

Jalsa is an excellent time for the whole Jama'at and the Nasirat have an important role to play in hosting this spiritual function.

Nasirat have long been known to serve water at Jalsa. They work in teams, distributing cups and water. Girls are invited to come and register at the Water Duty Desk to receive their badge and instructions. This is a simple but significant job. Water is vital for all the guests, especially when the weather and marquees get hot.

Last year Huzoor also graciously mentioned the importance of the young workers on Jalsa. On the Friday Sermon of 05/09/14 Huzoor said;

The Speaker from Kinshasa, Congo said that it was his first visit to Jalsa and he saw the entire proceedings including international Bai'at. He felt everyone at Jalsa interacted with each other as old friends. He said they once tried to hold an event on provincial level at home where due to disorganisation 26 people died on the first day. He was amazed at the organisation of Jalsa where no one even spoke in a raised tone and small children served drinking water most lovingly. Children usually like to have everything for themselves but the Jama'at has thus trained its young children that they put the comfort of others first. He wrote that after attending Jalsa he went to his embassy and told the ambassador that he had attended many a conference but had never seen one with the excellent organisation he saw at Jalsa.

A guest from Malta who is a social worker said that what he liked best was young child serving drinking water. He also liked the instruction of Hazrat Khalifatul Masih to comply with whatever instruction the workers were given even if they came from young people. He said he was impressed to note that in a Jalsa booklet advice was given not to waste food and only take what could be easily eaten. He was please the Jama'at paid attention to minute matters.

A group of guests also came from Croatia including five Catholic ladies and four ladies from a university. Head of a Muslim Centre in Zagreb also came along with three Catholic men. The head of the Muslim/Arabic Centre said that he had attended countless events in many different countries but had never seen the sincerity with which young children served drinking water at Jalsa. He was also very impressed by the service of the students of Jamia and other youngster volunteers.

So it can be seen that the young members of the Jama'at can have a huge impact on our guests, if their behavior and service is in accordance with the guidance given by Huzoor. Huzoor labeled these services as a 'silent tabligh' where guests are able to

witness the good conduct and morals of Ahmadi Muslims.

The purpose of the Jalsa is to focus on spiritual growth and development and to increase our knowledge. Therefore it is important to listen to all the speeches delivered. If one arrives late or is on duty, they can listen via MTA, a headset or watch them again in the following days.

We hope and pray that you all have a successful Jalsa and look forward to seeing our Nasirat perform their duties well again this year, Insha'Allah.

Dressing for Summer

Aren't you hot in that?

This is a constant question faced by women wearing hijab or observing purdah, especially during summer. Some friends and colleagues may express how sad they feel to see us covered up underneath a blazing sun, however, there are many ways we can explain the logic of purdah to them;

- 1) Wearing less does not make you less feel hot. Removing clothing does not stop a person feeling hot, in fact the correct choice of clothing can cool you down.
- 2) Wearing long, loose clothes made of natural fibers such as cotton can keep you cooler than other clothes which cling and do not 'breathe'.
- 3) Covering your head and skin prevents sunburn and keeps you safe from the harmful effects of over-exposure.

Also, summer is the perfect time to experiment with your style. In winter everyone wraps up in woolly jumpers and coats but in summer you can find scarves, long dresses or wide trousers, blouses, etc and decide what fabric and fashion you like. At school you may have to wear a hijab matching the uniform but in summer you can choose. As long as the clothes are loose and long they fit in with the requirements of purdah so you can keep cool in the heat.