



Love for All, Hatred for None

Nasirat Al Ahmadiyya UK

-June 2015.

Regional Workshops

Over the past several months, the Nasirat Department has been very busy across the country organizing regional Taleem and Tarbiyyat workshops.

The purpose of the workshops was to educate (Taleem) and to provide moral training (Tarbiyat) for girls aged 7-14. Local and regional secretaries worked with the national team with the aim of creating fun, exciting and informative activities for our girls.

We tried to make the workshops interactive with quizzes, arts and crafts and even sleepovers in some places!

These workshops needed a lot of planning and preparation and many hours were spent by Lajna across the country thinking and discussing what would benefit the girls most.

For those who did attend, Jazakamullah for coming along and participating. We have read all your feedback and are working on getting answers to some of your questions ready to be uploaded onto the website, Insha'Allah.

If you did not get a chance to attend, we hope that you can join us in the future. Get in touch with your local Nasirat secretary and she should keep you informed as to our future events.

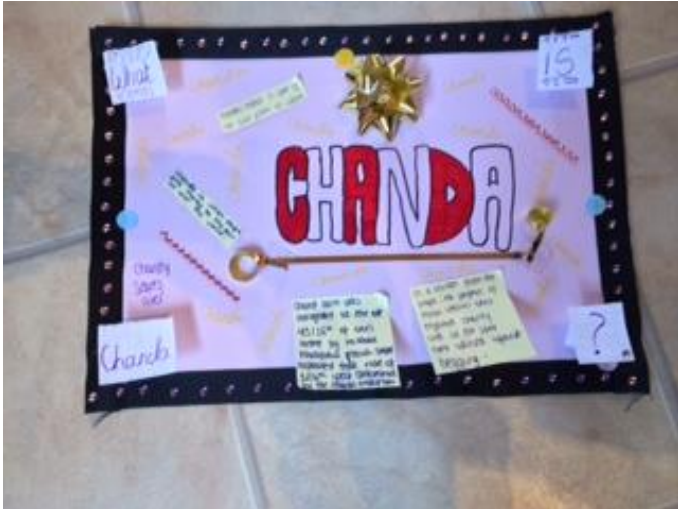
Here are some wonderful photos of the things you made or created during your workshops.



Funday in London



Regional workshop in Stevenage



Some work from Stevenage

Summer Camp

During the half-term week in May, the national Nairat Department organized and hosted a 5 day camp at Islamabad, Surrey.

Around 50 girls were given the chance to come and learn, play and have fun. A full programme of events was created which included;

- Horse Riding
- Tabligh lecture with Maulana Jahangheer Khan Sb
- Sports Lessons
- Guests Speakers
- Treasure Hunt
- Barbeque with Sadr Sahiba
- Bonfire
- Link with Khilafat and letter writing class

The girls all slept in the Lajna Hall accommodation on site and they were blessed with good weather.

Girls came from many different regions of the UK including North-East, Hertfordshire and South.

Everyone enjoyed their time, learnt a lot and made plenty of new friends whom they hope to see again at Jamaat events, Insha'Allah. This was an excellent opportunity for girls to make firm bonds and to create a bond of sisterhood with their fellow Nasirat.

Overall, the feedback was very positive and some girls even felt that not having their mobile phones during the day was a great plus.

Keep in touch with your local Nasirat Secretary who will let you know about any camps coming up in future.



Bonfire at the barbeque at Summer Camp

Upcoming Events;

1. Ramadhan

As you may be aware, the Holy month of Ramadhan is fast approaching. Some of the Nasirat may not be fasting yet, but it is still a time to reflect and refresh your bond with Allah.

During Ramadhan you can focus on reading Quran, being regular in prayers, listening to the Friday Sermon and spending time with your family.

Huzoor said in his Friday Sermon of July 4th 2014:

Indeed, true believers should engage in hamd and tasbih during Ramadan more than before and raise their standard of worship in order to attain the beneficence of the sacred month. The Holy Prophet (peace and blessings of Allah be on him) said that fasting is a shield and it is a strong fortress against fire. However this is so when everything man does is for the sake of God and his night and day is spent in remembrance of God and he treads the path of righteousness.

God states that when a person fasts with this mind set and also pays the dues of mankind his fast becomes for God and God is the reward for the fast. Virtues of such people are not temporary; they do not abide by them only during Ramadan. They have real insight of righteousness and they link one Ramadan with the next Ramadan. This is what we should aim for; not adopting righteousness temporarily and not fasting on a superficial level merely to remain hungry and thirsty. We should understand the essence of the spirit of Ramadan and not merely wish each other 'Ramadan Mubarak' and remain negligent. Attainment of righteousness should be ever present in our mind every day when keeping fast in the morning and when breaking fast in the evening. We should not respond in kind to anyone being aggressive to us. Rather, we should remain silent and simply tell them that we are fasting. We should be mindful that there is no esteem in showing someone down and retorting back to them, rather it is in gaining pleasure of God. We should be mindful as to who is honoured by God. As it is stated: '...Verily, the most honourable among you, in the sight of Allah, is he who is the most righteous among you...' [\(49:14\)](#)

2. Sports Day

July 25th is our planned Lajna Sports Day. We hope that many of you will be able to attend and join in all the fun of the races and competitions.

Last year we were caught in a rain storm for most of the morning but despite this many Lajna and Nasirat still gave their best efforts. Please pray for good weather this year!

Nasirat who would like to join in the skipping race should remember to bring their ropes from home, if they are able.

3. Ijtema

I am sure that most Nasirat have already begun their preparations for their local ijtema. Many of these may be being held in June and the regional ijtemas will follow later in the year.

The ijtemas are an opportunity for Nasirat to participate in competitions and to deepen their bond of sisterhood with their fellow Ahmadi girls.

Competitions include; tilawat, nazm, speech and hifz-e-Quran.

Further information is available on the lajna website <http://www.lajna.org.uk/> or <http://nasirat.org.uk>

Please keep us posted with your ideas and activities. You can send information through your local secretary or through the website. We would love to hear from you about what is happening in your local area.