



Love for All Hatred for None

Nasirat-ul-Ahmadiyya UK

May-June 2015

Regional Workshops

Over the past few months, Nasirat teams have been very busy across the country organising regional Taleem and Tarbiyyat workshops.

The purpose of these workshops is to educate (Taleem) and to provide moral training (Tarbiyyat) for girls aged 7-14. Local and regional Nasirat Secretaries worked with the National team with the aim of creating fun, exciting and informative activities for our girls.

There was a wide range of activities taking place including workshops, arts and crafts, games and quizzes.

For those who did attend, well done and Jazakomullah for coming along and participating. We have collated all your questions and are working on answering them. In the near future you will find all your questions answered and posted on the Nasirat website, Inshallah.

If you did not get a chance to attend, we hope that you can join us in the future. Get in touch with your local Nasirat Secretary who will keep you informed of forthcoming events.

Here are some photos of the wonderful things you created during your workshops



Regional workshop in Hertfordshire



Some work from Hertfordshire

Summer Camp

During the May half term, the National Nasirat Department organised and hosted a 5-day Tarbiyyat camp at Islamabad, Surrey.

42 Nasirat attended from many different regions of the UK including North-East, Hertfordshire, Middlesex, East and others.

The 5 days were jam-packed with fun-filled activities and interesting workshops and lectures including:

- Horse Riding
- Tabligh lectures with Maulana Jahangheer Khan Sahib
- Barbeque with Sadr Sahiba
- Sports
- Guests Speakers
- Bonfire
- Treasure Hunt
- Games and Quiz
- Workshops on a variety of topics
- Pep talks each night

The feedback we received from the girls that attended was extremely positive. By far the most popular sessions were the lectures with Jahangeer Sahib. There were comments such as 'amazing food, great lectures and lovely bajis' as well as 'I feel a change within me after attending this camp and hope that I will continue improving myself from the things I learnt'. The Nasirat felt a sense of freedom especially since they only had access to their phones for a short time each evening and most Nasirat attending admitted that it helped them to focus better on the activities during the day.

Keep in touch with your local Nasirat Secretary who will let you know about any camps coming up in the future.



Bonfire at the barbeque at Summer Camp

Upcoming Events

1. Ramadhan

As you may be aware, the Holy month of Ramadhan is fast approaching. Some of the Nasirat may not be fasting yet, but it is still a time to reflect and refresh your bond with Allah.

During Ramadhan you can focus on reading the Holy Quran, being regular in prayers, listening to the Friday Sermon and spending time with your family.

Huzoor said in his Friday Sermon of July 4th 2014:

Indeed, true believers should engage in hamd and tasbih during Ramadan more than before and raise their standard of worship in order to attain the beneficence of the sacred month. The Holy Prophet (peace and blessings of Allah be on him) said that fasting is a shield and it is a strong fortress against fire. However this is so when everything man does is for the sake of God and his night and day is spent in remembrance of God and he treads the path of righteousness.

God states that when a person fasts with this mind set and also pays the dues of mankind his fast becomes for God and God is the reward for the fast. Virtues of such people are not temporary; they do not abide by them only during Ramadan. They have real insight of righteousness and they link one Ramadan with the next Ramadan. This is what we should aim for; not adopting righteousness temporarily and not fasting on a superficial level merely to remain hungry and thirsty. We should understand the essence of the spirit of Ramadan and not merely wish each other 'Ramadan Mubarak' and remain negligent. Attainment of righteousness should be ever present in our mind every day when keeping fast in the morning and when breaking fast in the evening. We should not respond in kind to anyone being aggressive to us. Rather, we should remain silent and simply tell them that we are fasting. We should be mindful that there is no esteem in showing someone down and retorting back to them, rather it is in gaining pleasure of God. We should be mindful as to who is honoured by God. As it is stated: '...Verily, the most honourable among you, in the sight of Allah, is he who is the most righteous among you...' ([49:14](#))

2. Sports Day

National Sports Day will Inshallah take place on Saturday 25th July. We hope that many of you will be able to attend and join in all the fun of the races and competitions.

Last year we were caught in a rain storm for most of the morning but despite this many Lajna and Nasirat still gave their best efforts. Let's pray for good weather this year!

Nasirat who would like to join in the skipping race should remember to bring their ropes from home.

3. Ijtema

I am sure that most Nasirat have already begun their preparations for their local ijtema. Ijtemas are an opportunity for Nasirat to participate in competitions and to deepen their bond of sisterhood with fellow Nasirat.

Competitions include; Tilawat, Nazm, Speech and Hifz-e-Quran.

Further information is available on the Nasirat website: www.nasirat.org.uk

Please keep us posted with your ideas and activities. You can send information through your local Secretary or through the Nasirat website. We would love to hear from you about what is happening in your local area.