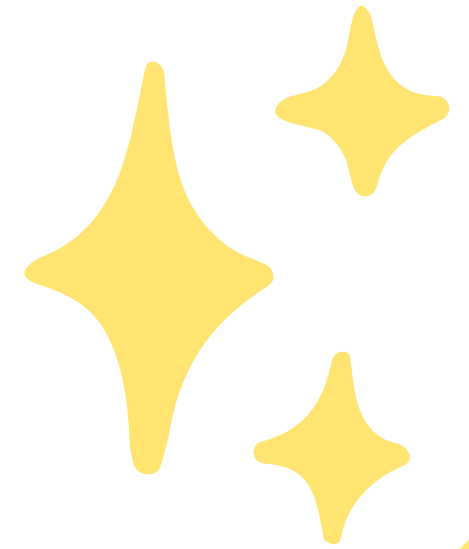


# Quiz

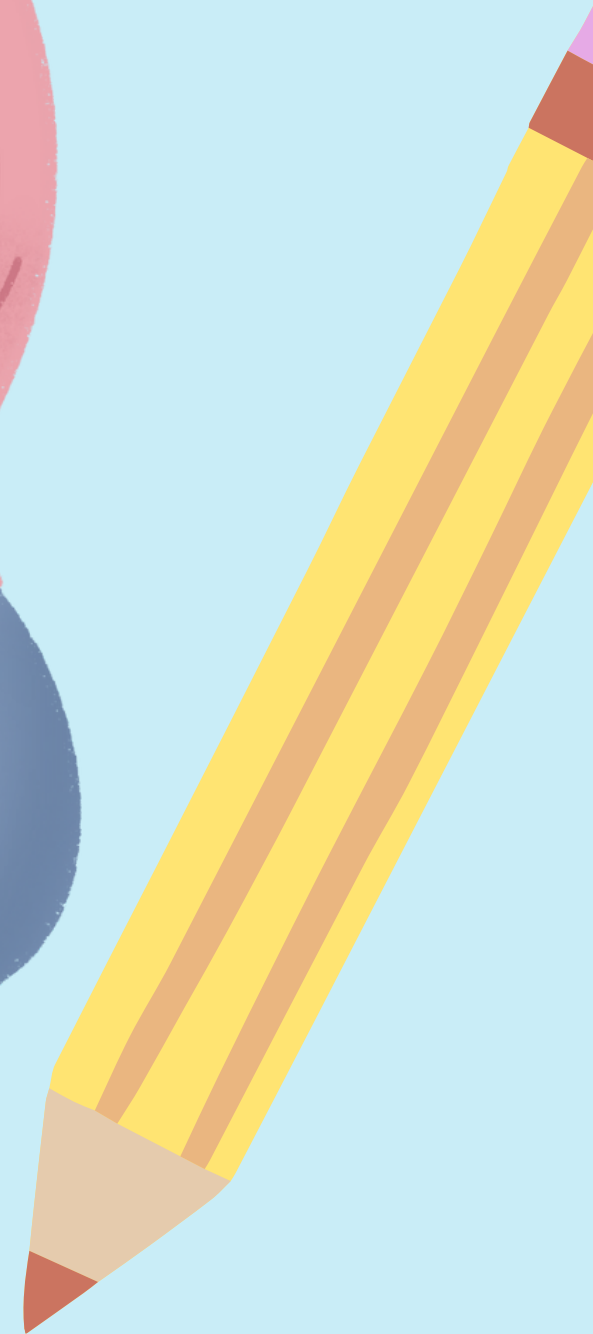
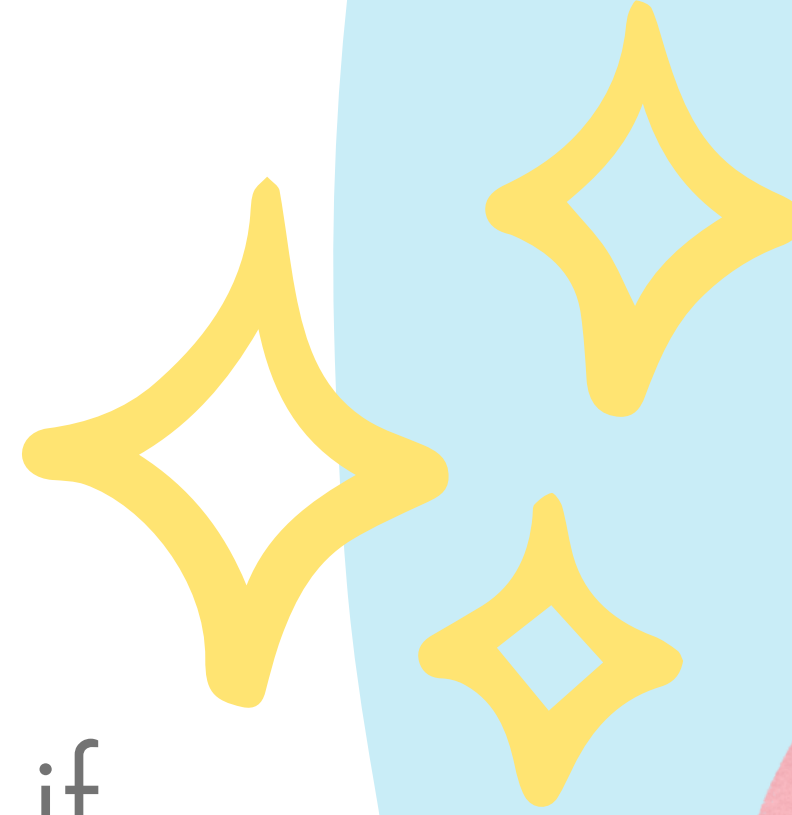
**Navigating Life by building a Relationship with Allah**



# Question 1

What should a person do if they feel stressed?

- A** Hold onto the stress
- B** Hand over the worries to Allah
- C** Share it with friends
- D** Hide from everyone



# Question 2

What is needed for your relationship with Allah to flourish?

- A** Regular care through prayers, supplications and acts of kindness
- B** Ignoring Allah
- C** Being selfish
- D** Never seeking help



# Question 3

Finish the verse: 'Surely there is ease  
after...'

- A** Joy
- B** Hardship
- C** Happiness
- D** Fear



# Question 4



Which people leave material things for Allah?

- A** Those who deny Allah
- B** Those who mock the believers
- C** Those who uphold righteousness
- D** Those who are selfish

# Question 5

Who is the gardener of our hearts?

- A** Our parents
- B** Our friends
- C** Allah the Almighty
- D** Our teachers



# Question 6

What did Hazrat Nuh (as) pray for to God when he felt overwhelmed?

- A** Wealth and power
- B** Help
- C** Punishment for his enemies
- D** Material possessions



# Question 7

What action does the Promised Messiah (as) suggest for establishing a relationship with Allah?

- A** Slandering others
- B** Turning away from Allah
- C** Offering financial sacrifices and daily voluntary prayers
- D** Ignoring gratitude

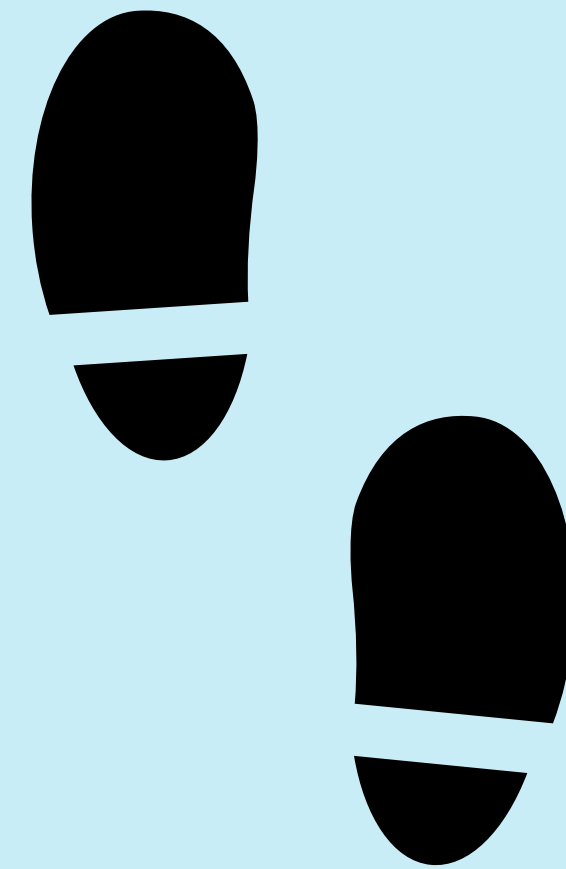


# Question 8



What promise has Allah the Almighty made to a person who takes one step towards Him?

- A** Allah takes two steps towards the person
- B** Allah takes three steps towards the person
- C** Allah takes no steps towards the person
- D** Allah takes half a step towards the person

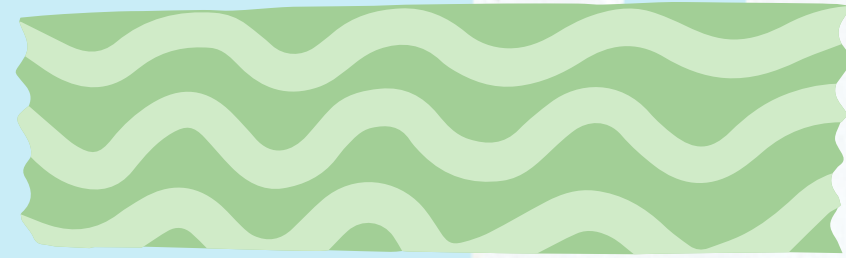


# Question 9

What is the significance of being grateful to Allah?

- A** It decreases blessings
- B** It increases wealth and blessings
- C** It leads to punishment
- D** It has no effect





# Question 10

Complete the quote: 'God is everything and all else is...'

- A** Nothing
- B** Important
- C** Permanent
- D** Unnecessary



# Answer Key

Question 1: **C**

Question 2: **A**

Question 3: **B**

Question 4: **C**

Question 5: **C**

Question 6: **B**

Question 7: **C**

Question 8: **A**

Question 9: **B**

Question 10: **A**