



Tarbiyyat: Moral Training Discussion Activity





1. Draw around your hand and write down 5 positive qualities about yourself and 3 things you would like to get better at. Fold them up, and toss them in the middle of the circle. Pick up a folded paper and read them out. When discussing good qualities, can you link them to some of Allah's Attributes?

a. For example: I am good at writing and group tasks but I would like to get better at being confident in speaking in front of others.



2. Who are your role models? Do you know them personally? Are they alive or have they passed away? Why do you want to be more like them?

3. What qualities make...

An exemplary friend?
An exemplary neighbour?
An exemplary daughter?
An exemplary sister?
An exemplary student?
An exemplary Nasira?

